

# Summertime In the Ozarks

*Eureka Springs, Arkansas*

**“Willingness is the key  
to FREEDOM”**



# August 16 - 18 2019

**SPEAKERS + WORKSHOPS + MEETINGS +  
FELLOWSHIP + FUN =  
RECOVERY & GROWTH**

Summertime in the Ozarks –  
always growing better and better!

Exhibit from Arkansas Area 02 Archives will be on display.

[www.summertimeintheozarks.org](http://www.summertimeintheozarks.org)

You can register and pay online with PayPal!

8<sup>th</sup>

**Annual Al-Anon/ Alateen  
Convention  
with AA participation**

## SPEAKERS

### Al-Anon

Maria S. ( Los Angeles, CA )  
Catherine K. ( Dallas, TX )  
Eugenia G. (Bella Vista, AR)

### Alateen

Katie W. ( Cabot, AR )

### AA

Melissa M. – Spanish Fort, AL  
Ben D. – Broken Arrow, OK

## WORKSHOPS \*

Stepping Stones to Recovery

A Willingness Inventory

Panel-What Principals are you Willing to  
Become Willing to Practice?

Self Esteem is a Choice

Taking Care of Yourself

Our Participation in Conflict and in  
Conflict Resolution

Sponsorship: Not Perfect, but One of  
Al-Anon's Greatest Tools

Leaving Self-Destructive Baggage Behind

Starting an AA and Al-Anon Couples' Group

\*Titles may be subject to change

\*\* WORKSHOPS in SPANISH - TBA